

**1D KINEMATICS**

$$v_{avg} = \Delta d / \Delta t \quad v_{avg} = (v_f + v_i) / 2$$

$$\Delta d = \frac{1}{2}(v_f + v_i)\Delta t \quad v_f = v_i + a\Delta t$$

$$v_f^2 = v_i^2 + 2a\Delta d \quad d_f = d_i + v_i\Delta t + \frac{1}{2}a\Delta t^2$$

VECTOR - DIRECTION & MAGNITUDE  
SCALAR - MAGNITUDE ONLY

**2D KINEMATICS**

**COMPONENTS**

$$x = \text{cosine } \theta$$

$$y = \text{sine } \theta$$

**RESULTANTS**

ADD ALL X, ADD ALL Y THEN PYTHAGOREAN TM  
 $\theta = \tan^{-1} (\Delta y / \Delta x)$   
+see also: *RELATIVE VELOCITY*  
-boat and river type problems

**PROJECTILES**

+projectiles follow parabolas!  
FROM REST, PROJECTILE:

$$y = -\frac{1}{2}(g)(\Delta t^2)$$

$$x = vt$$

LAUNCHING AT ANGLES:

$$y = v_i(\sin \theta) \Delta t - \frac{1}{2}g(\Delta t^2)$$

$$x = v_i(\cos \theta) \Delta t$$

**FORCES AND MOTION**

FORCE IS A VECTOR  
CONTACT FORCE // FIELD FORCE

**NEWTON**

NEWTON'S 1<sup>o</sup> LAW:

An object at rest *REMAINS* at rest and an object in motion *CONTINUES* in motion (unless there's a net external F)

**INERTIA**

INERTIA - OBJS TEND TO NOT ACCELERATE

LAW OF INERTIA

$$\Sigma F = 0$$

EQUILIBRIUM - AN OBJECT AT REST OR MOVING AT A CONSTANT VELOCITY (TRANSLATIONAL)

$$\Sigma F_x = 0 \quad // \quad \Sigma F_y = 0$$

NEWTON'S 2<sup>o</sup> LAW:

the acceleration of an object is *DIRECTLY* proportional to the  $\Sigma$  external force and *INVERSELY* proportional to its mass  
 $\Sigma F = ma$

NEWTON'S 3<sup>o</sup> LAW:

FORCES ALWAYS EXIST IN PAIRS

for every action, there exists an *EQUAL* and *OPPOSITE* reaction

**BASIC FORCES**

WEIGHT -  $F_g$ ; LOCATION DEPENDENT  
NORMAL -  $F_n$  - THE EQUAL AND OPPOSITE RXN TO GRAVITY (OR ITS COMPONENT, AS PP TO THE SURFACE THE OBJECT IS RESTING ON)

FRICTION -  $F_f$  - OPPOSES THE APPLIED FORCE

COEFFICIENT OF FRICTION

$$\mu_s = F_{smax} / F_n ; \mu_k = F_f / F_n$$

+Kinetic co. always smaller than static

$$F_f = \mu F_n$$

**WORK AND ENERGY**

**WORK**

a force that causes the displacement of an object does *WORK* on the object

$$W = Fd$$

(THIS ONLY OCCURS FOR FORCE / COMPONENT THAT IS PARALLEL; THEREFORE...)

WORK BY CONSTANT NET FORCES:

$$W_{\Sigma} = F_{net} d (\cos \theta)$$

(distance moved by a force)(force) = work done!

$$W_{\Sigma} = (ma)d \quad \leftarrow \text{seeing as } F_{net} = ma \rightarrow$$

**WORK ENERGY**

KINETIC ENERGY

$$KE = \frac{1}{2} mv^2$$

WORK

$$W_{net} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

$$W_{net} = \Delta KE$$

GRAVITATIONAL POTENTIAL ENERGY

$$mgh$$

ELASTIC

$$\frac{1}{2} kx^2$$

WHERE K IS THE SPRING CONSTANT AND X IS STRETCH

CONSERVATION OF ENERGY

*Mechanical energy (ME = KE + KEsp) is often conserved when there is no friction. Not conserved when there's friction; if friction -> work*

**MOMENTUM**

**BASICS**

it's P for some reason  
 $p = mv \leftarrow \text{MASS * VELOCITY} \rightarrow$

NEWTON'S REAL 2<sup>o</sup> LAW

okay, we lied before

$$F = \Delta p / \Delta t$$

but:  $F = (mv_f - mv_i) / \Delta t$   
 $F = m(v_f - v_i) / (t_f - t_i) \leftarrow (v_f - v_i) / (t_f - t_i) = a \rightarrow$

IMPULSE-MOMENTUM THEOREM

$$F \Delta t = \Delta p$$

CONSERVATION OF MOMENTUM - N's 3<sup>o</sup>

$$P_{1i} + P_{2i} = P_{1f} + P_{2f}$$

$$M_1 v_{1i} + m_2 v_{2i} = m_1 v_{1f} + m_2 v_{2f}$$

**COLLISIONS**

PERFECTLY INELASTIC

THEY SMOOSH = THEY MOVE AS ONE

$$M_1 v_{1i} + m_2 v_{2i} = (m_1 + m_2) v_f$$

KE IS NOT constant!

PERFECTLY ELASTIC

KE and P are both constant  
set the two equations, do some substitution (super happy funtimes)

$$M_1 v_{1i} + m_2 v_{2i} = m_1 v_{1f} + m_2 v_{2f}$$

$$\frac{1}{2} M_1 v_{1i}^2 + \frac{1}{2} m_2 v_{2i}^2 = \frac{1}{2} m_1 v_{1f}^2 + \frac{1}{2} m_2 v_{2f}^2$$

**ROTATIONAL MOTION**

**CIRCULAR MOTN**

moves around a fixed axis of rotation, so it's relative  
 $\theta = \text{angle}; r = \text{radius}; s = \text{arc length}$

**ANGULAR**

ANGULAR DISPLACEMENT

$$\theta = s/r = 2 \pi r / r = 2 \pi \text{ rad}$$

$$\theta (\text{RAD}) = \pi / 180 * \theta (\text{DEG})$$

ANGULAR VELOCITY

$$\omega_{avg} = \Delta \theta / \Delta t$$

ANGULAR ACCELERATION

$$\alpha = \Delta \omega / \Delta t$$

ANGULAR KINEMATICS

$$\Delta \theta = \frac{1}{2}(\omega_f + \omega_i)\Delta t$$

$$\omega_f^2 = \omega_i^2 + 2\alpha\Delta \theta$$

$$\omega_f = \omega_i + \alpha\Delta t$$

$$\theta_f = \theta_i + \omega_i\Delta t + \frac{1}{2}\alpha\Delta t^2$$

**TANGENTIAL**

TANGENTIAL SPEED, ACCELERATION

$$v_t = r\omega$$

$$a_t = r\alpha$$

**CENTRIPETAL**

CENTRIPETAL - CENTER SEEKING  
CONSTANTLY CHANGING DIRECTION

CENTRIPETAL ACCELERATION

$$a_c = v_t^2 / r$$

tangential and centripetal are perpendicular!

NEWTON'S 2<sup>o</sup>, WITH CIRCLES

$$F_c = ma_c$$

$$F_c = mv_t^2 / r \leftarrow \text{plugged in for } a \rightarrow$$

$$= mr\omega^2$$

$\leftarrow \text{plugged in for } v_t^2, \text{ then divided by } r \rightarrow$

INERTIA IS NOT A FORCE

NEWTON'S UNIVERSAL GRAVITATION

$$F_g = G(m_1 m_2) / r^2$$

**ROTATIONAL**

equilibrium and dynamics  
EXTENDED OBJ- DEF. SIZE AND SHAPE  
NET TORQUE - ROTATION  
TORQUE = FORCE X LEVER ARM (DISTANCE WHERE PUSHED FROM CENTER)

$$T = Fd(\sin \theta)$$

sometimes Fr

To get  $\Sigma$  torque - add!  
CCW - POSITIVE; CW - NEGATIVE

**ROT AND TRANS**

MOMENT OF INERTIA  
resistance to rotation around an axis

$$\Sigma f = 0; \Sigma \text{torque} = 0$$

$$\Sigma \text{torque} = I\alpha$$

ROTATIONAL KINEMATICS

$$\frac{1}{2} I \omega^2; \text{work} - \Delta \tau (I\alpha\theta)$$